

Connectedness to Nature Survey

*Please fill this questionnaire **out before you begin** the program **and then after every four activities** or trails. Please ask each participant to complete a separate questionnaire by indicating a response from 1 to 5 beneath each question. This will help us evaluate the primary program aim. Thank you.*

Please email [geoeducationhc\(at\)gmail.com](mailto:geoeducationhc(at)gmail.com) to request a mailing address.

1. I often feel a sense of oneness with the natural world around me.

Type the number for your response here: _____

(1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree)

2. I think of the natural world as a community to which I belong.

Type the number for your response here: _____

(1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree)

3. I recognize and appreciate the intelligence of other living organisms.

Type the number for your response here: _____

(1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree)

4. I often feel disconnected from nature.

Type the number for your response here: _____

(1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree)

5. When I think of my life, I imagine myself to be part of a larger cyclical process of living.

Type the number for your response here: _____

(1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree)

6. I often feel a kinship with animals and plants.

Type the number for your response here: _____

(1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree)

7. I feel as though I belong to the Earth as equally as it belongs to me.

Type the number for your response here: _____

(1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree)

8. I have a deep understanding of how my actions affect the natural world.

Type the number for your response here: _____

(1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree)

9. I often feel part of the web of life.

Type the number for your response here: _____

(1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree)

10. I feel that all inhabitants of Earth, human, and nonhuman, share a common 'life force'.

Type the number for your response here: _____

(1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree)

11. Like a tree can be part of a forest, I feel embedded within the broader natural world.

Type the number for your response here: _____

(1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree)

12. When I think of my place on Earth, I consider myself to be a top member of a hierarchy that exists in nature. **Type the number for your response here:** _____

(1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree)

13. I often feel like I am only a small part of the natural world around me, and that I am no more important than the grass on the ground or the birds in the trees.

Type the number for your response here: _____

(1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree)

14. My personal welfare is independent of the welfare of the natural world.

Type the number for your response here: _____

(1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree)

Please provide the following information for each participant:

Sex:

Age:

Ethnic Background:

Average hours per week spent outdoors:

Number of trails/activities completed:

On a scale of 1 through 10, please rate how connected you feel to nature, with 10 being extremely connected, and 1 being alienated from nature:

Type the number for your response here: _____

Comments: Please share any comments you may have on the questions, what they prompted you to think about or your thoughts about nature.
